



Transforming lives affected by addiction, violence and loss

You and the Tim Griffith Foundation in 2014!

This year the Foundation invites you to join us in celebrating our 10th anniversary of strengthening and supporting those struggling with addiction, violence and loss in our communities. Celebrate with us and mark your calendars now to volunteer, participate in or fund events planned in 2014!



Join our Volunteer Team!

Do you want to do more in your community? Perhaps you'd like to make volunteering a family experience? Why not join our group of volunteers and have fun while giving back! We could use your help whether you have a few hours per month or just a few hours per year. For information on volunteering with us, contact Lisa Perry at LPerry@timgriffithfoundation.org or visit our website.

April 4 - 6 and September 12 - 14 Meadowlark Mothers' Retreats

These weekend residential retreats were conceived by two mothers (and a few dear friends) who sought a safe setting and extended time for mothers to focus on grieving the loss of a child. The April retreat is designed for mothers who have lost a child over 16 years of age. The retreats give mothers a place to share stories and feelings with others who have been through the same kind of loss. There



are spaces available for both retreats. Contact Stacey Redman for more information at sredman@timgriffithfoundation.org or 650-483-9912

May 3 and December 7 - Meadowlark Days

Mothers who previously attended any of the Meadowlark Retreats will come together in a reunion of sorts in anticipation of Mother's Day and/or the December holidays. Mothers meet for an afternoon to share stories of their children and participate in healing conversations and activities. Contact Stacey Redman for more information at sredman@timgriffithfoundation.org or 650-483-9912.

June 1 - TGF Golf Tournament

Join us for a friendly competition and BBQ at Los Lagos Golf Course in sunny San Jose. Sign up a foursome and compete to win prizes and bragging rights at the post-tournament BBQ and award ceremony.



There are also high visibility sponsorships offered for this tournament with 100% of the proceeds going directly to the Foundation.

Please contact Debbie Lee at 408-386-6446 or debbielee@timgriffithfoundation.org for details. To participate in the tournament, look for our flyer coming in the mail soon, or go to our website.

For more stories and information about the work the Foundation is doing, please visit our website at www.timgriffithfoundation.org



TIM GRIFFITH
FOUNDATION



July 4th - Redwood City July 4th Raffle

Claim your prize: 2014 Honda Civic Hybrid or \$18,000 Cash! The choice is yours when the Redwood City Rotary Club draws your winning raffle ticket at Redwood City July 4th celebration. You do not have to be present to win, but you **MUST** buy a ticket! Every penny of the ticket sales goes directly to the Foundation. Last year we raised close to \$8,000.00 when supporters like you purchased their tickets from the Foundation. Go to our website to buy your tickets for this year's raffle, or send a check for your desired number of tickets in the enclosed remit envelope. Good Luck!

July/August - Fathers' Retreat

The Foundation is pleased to offer the first ever Fathers' Retreat modeled after the Meadowlark Mothers' Retreats. In partnership with KARA Grief Support group, the Foundation is offering a retreat designed specifically for fathers grieving the loss of a child. This is an opportunity to connect with others in a healing and supportive experience. If you are interested in attending, know of a father who may wish to attend or if you would like to volunteer or donate to support a retreat contact sredman@timgriffithfoundation.org or 650-483-9912.

November 1

Tim Griffith Foundation 10th Annual Gala

This year's Gala is not to be missed as we proudly celebrate our 10 years of great work together! Invite your friends and family and plan to make November 1st a meaningful and fun kick-off to your holiday season at our event. Be sure to save the date on your calendar – you won't want to miss this big night!

Meet Morrigan Bruce

In January, Debbie Lee, Executive Director for the Foundation, and Julie Gayner, Foundation board member paid a visit to Tim's House. They were joined by Karen Francone, Executive



Director, Service League of San Mateo County and House Case Manager, Morrigan Bruce. The six men in residence take pride in keeping Tim's House clean and welcoming to visitors, and they did not disappoint on this visit as the house was immaculate.

Morrigan talked about what life was like in the house. There are six men in the 3 bedroom house. The house manager, who is the most responsible resident and has had success in recovery, is allotted his own bedroom as a perk for maintaining harmony and ensuring rules are followed in the house. The second and third bedrooms have two and three twin beds, respectively.

Because the men are at different stages in their recovery, you will see that some are working, some pursuing their education, and some are participating full time in the Bridges program learning life skills and working on their recovery. All of the men are drug tested regularly and, if working, contribute financially and all residents maintain the house through chores.

Each Thursday evening Morrigan conducts a house meeting. This is the one opportunity during the week that all the men come together to discuss their recovery progress, ask for help or advice and to resolve living issues at the house. Morrigan uses these meetings as a time to offer support and advice and to build a trusting relationship with the men. Relationships take time for Morrigan to develop; sometimes men who are older than her are hesitant to open up at first, and men younger than her will test boundaries. Morrigan's ability to empathize and provide life coaching and counseling for their recovery always wins them over. She takes great pride in seeing their successes, big and small.

OUR MISSION

The Tim Griffith Foundation heals and strengthens Bay Area communities by providing support and services to those impacted by addiction, violence and loss.